**Xiang Gao**

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**EDUCATION**

**George Mason University**, Fairfax, VA, US Expected: *December 2020*

M.A., Industrial and Organizational Psychology, GPA: 3.86/4.0

**Dalian Medical University**, Dalian, LN, China  *June 2017*

B.S., Applied Psychology, GPA: 3.47/4.0

**SKILLS**

* Formulate Microsoft Office Suite
* Proficient in research design and data analysis, statistical software: SPSS, R
* Clinical psychology intervention, CBT, especially concentrate on occupational health
* Strong interpersonal skill and events planning and organizational skill
* Language: English, Chinese

**PUBLICATION & THESIS**

1. Lei Li, Xiang Gao, Siqi Zhao, Jialun Mo, Xinling Wu. (2017) Pondering on the Characteristics of University Network Public Opinions in the We Media Era：Based on the Perspective of Social Psychology, *The Science Education Article Collects*, 2017(*3*):137-138. (In Chinese)
2. Xiang Gao. (2017). Correlation between Before-sleeping Mobile Phone Use, Sleep, Learning Burnout and Social Anxiety in Undergraduate Students (Unpublished bachelor’s thesis). Dalian Medical University, Dalian, Liaoning, China.

**RESEARCH EXPERIENCE**

***Verification the experiment result on mental rotation represented by Chinese characters***

*April 2016-July 2016*

* Verified the conclusion through testing 50 Chinese characters under the same situation as Shepard & Cooper’s mental rotation
* Designed the experimental procedures by applying E-prime 2.0, data analysis, and wrote paper

***Online public opinion, psychological causes, and guidance mechanism in colleges in Dalian***

*September 2015-December 2016*

* Collected materials, analyzed data, wrote one section of the article
* Learned about the operation mechanism of social applications and how to orientate public opinion

**INTERNSHIPS**

***Dalian Seventh People’s Hospital (Dalian Mental Health Center), Dalian, China***

*May 2017-August 2017*

* Houseman, psychiatry department and psychology department
* Outpatient service: took assessments and made diagnosis for patients and clients, and provided them further therapy advices
* Inpatient department: made the rounds of the wards, wrote case reports, knew and discriminated common medicine in mental disease, and gave treatments to patients through different therapy with psychiatrists, such as drug therapy, CBT, and group therapy
* Life Crisis Interrupt: received psychological counseling hotline and gave psychological aid
* Became proficient in clinical psychological intervention and therapy

***Dalian Airforce Sanatorium (Dalian Aero-psychological training center), Dalian, China***

*March 2017-April 2017*

* Houseman, aero-psychological training department
* Made an assessment of pilots’ mental health and give correct guidance on training
* Applied sand-play therapy and hypnotherapy in counseling and intervention
* Learned the method of using biofeedback equipment and sleep monitor; was skillful in sand-play therapy; knew general process of hypnosis; was familiar with common psychological scale and was able to interpret test result; and evaluated pilots’ mental health

***Datong Sixth People’s Hospital (Datong Mental Health Center), Datong, China***

*July-August 2015 & July-August 2016*

* Houseman, Clinical Psychology Department
* Organized and reviewed clinical cases; evaluated patients’ mental status through interviewing, clinical diagnosis scale sand play; assisted patients to engage in relaxation training and therapy.
* Formulated various clinical symptoms of mental diseases; discriminated common medicine in clinical therapy; became proficient in relaxation training, sand-play therapy and mental assessment; and improved social interaction skills

***The first College Student Psychology Salon (workshop), Dalian, China***

*March 2015-June 2015*

* *Core Organizer*
* Planned and implemented activities, and assisted more than 20 students to release from learning pressure
* Improved organizational and interpersonal skills, and learned about group therapy

**OTHER ACTIVITIES**

*Member*, No.3 Marriage and Family Treatment International Seminar, Tianjin *July 2016*

*Volunteer*, Dalian Red Cross – hematopoietic stem cell collection, DMU *Sept. 2013-Jan. 2015*

*Organizer*, First-aid Training for College Students, DMU *October 2013- July 2014*

*Volunteer*, Activity of Caring for Autistic Children, Dalian *April 2013-July 2015*